

CSC AGM May 27th 2026

Coaches Report

Via Kendra Domenico - 2025/2026 Coach Representative

1) Meetings and Planning

- a) Coaches Gathered throughout the year on 5 occasions, for official Meetings
 - July 2nd
 - Sept 1st
 - Sept 29th
 - Jan 12th
 - April 22nd
- b) Carol facilitated a meeting with all coaches from Canmore and Banff on October 6th where we discussed aligning coach fee schedules so that there are consistencies with charges that are over and above on ice lessons. A document was created for reference and shared with all to have on hand with their coaching contract and invoicing fee schedules when creating invoices for families.

2) Shared Documents

- a) Coach Leslie created a shared lesson schedule google sheet that all coaches have access to for planning. Setting daily lessons and tracking absences of coaches and skaters is very helpful. Special days are noted, cancelled days are noted. A tab for Assessments passed is also available, this is a challenge to keep up to date.
- b) Skaters - On and Off Ice Etiquette and Best Practices document was created. Collaborations from Coaches and board members and now it's available on our website.
<https://canmoresc.uplifterinc.com/pages/club-info/skater-etiquette-and-best-practices/>
- c) An "Annual Reminders" Document for Coaches was also created - With having Samantha join our coaching team it was a good exercise to write down some Expectations and Etiquette coaches should remember to follow.
- d) Kendra Updated the Emergency action Plan. 2 different plans are available on the music trolley. 1 for CanSkate sessions, the other for StarSkate/PP sessions.

3) Programming Delivery

- a) Coaches were assigned group edges classes during Fall/Winter and a Focus was set for each on ice class

- b) Monika delivered Ballet off ice class to both Pre-Star/Star Group Program and Star 3+ Skaters. For Spring a Ballet Assistant is working out really well for Pre-Star/Star group.
- c) Kendra led the Jump/ Physical literacy class for Pre-Star/Star Group on Mondays. On occasion, Caitlin, Marta, Sam and Monika substituted.
- d) Jump class for Star 3+ was delivered by 2 coaches. Majority of the time was Robin and Kendra...occasionally substitutions were made by other coaching staff.
- e) Kendra was the program delivery lead for Pre-Stat/Star Group. As the program grew many coaches and PA's were on staff to support and provide lessons. Assessments and skill tracking was ongoing and Kendra prepared report Cards in December and in April for all. Many badges and ribbons were achieved. Several skaters joined in at FunSkates. Almost all participated in Winter Gala and Ice Show (Some chose not to participate). 5 new participants for Spring Program. 4 not returning for Spring. 1 Moved up to Star/PP sessions. Several are interested in adding private lessons to complement the group program.
- f) Caitlin led the Synchro off Ice and on Ice program.. Great first season to build this new program. The offer to have new members join for learning the Northern Lights routine for Ice Show was a great incentive and doubled the registrations. Caitlin has reached out to all who have expressed interest in Synchro to learn preferred days to offer program next season. Most popular is still Sunday evenings, but earlier in evening is preferred. Other personal budgeting priorities were shared. Families are making choices...can't afford to do it all. Overall, optimism to pursue the goal of building a future competitive team.
- g) Individual development of all private lesson skaters was ongoing by coaching team throughout the year.
- h) Samantha led our 2 day per week CanSkate program - Delivery was a success as monitoring of stations was ongoing. PA's and coaches kept energy high and circuits engaging. Sometimes last minute changes came up and the team adapted exceptionally well. Assessments were ongoing and Samantha updated reports and records via uplifter. Badges and Ribbons were handed out when skaters achieved the skills required. Collaborations with Kendra in identifying new potential candidates for Pre-Star. Congratulations to our one PA who took her CanSkate Coach Course this spring. This will be a great asset to our program next year.
- i) Leslie led an Adult/Teen learn to skate program. 10 week program was offered in the fall. A 6 week program was offered in the winter. It shared the Ice with the Synchro program. Potential additions to insert

4) Special Events/ Seminars - In addition to what was recognized in Chair report

- a) The come try it sessions at the start of the year were successful. Reports were provided with detailed feedback to the board.

- b) We had skaters and coaches attend a special seminar in RedDeer led by coach Ravi Walia in the fall
- c) A performance day/simulation was organized in November by Robin with Leslie Keen giving feedback.
- d) Leslie, Samantha and Marta - were all selected to attend the 2 part **Skate Canada Challenge – Technical Coach Seminar**
- e) Coach Robin organized a field trip to Calgary for skaters and parents to get an inside look at the Challenge Competition. A detailed report was submitted to the board.
- f) Coach Caitlin organized a field trip to Calgary for Skaters and parents to get an inside look at Synchronized Skating. A detailed report was sent to the board.
- g) A huge shout out to Caitlin, Robin and Carol for the amazing vision and execution of the Ice Show. Extremely professional and high quality performance. Feedback as in “what to do differently next time” was reported to Carol.
- h) Skaters attended a seminar in RedDeer in May led by National coach Jessica Gosse and Skater Kayla Halliday
- i) Occasionally extra Ice was booked for skaters wanting extra practice before competition.

5) Athletic achievements

a) Many of our skaters competed in both Alberta and BC. Everyone is improving and gaining skills. Two competitions in the spring, Lethbridge and Sunsational, filled up really fast, some skaters missed out. A new generation of competitors is on the horizon as many in Stage 5 - Star 3 attended FunSkates. A few are registered to attend a FunSkate on June 20th.

b) Amelia J. – Juvenile U12 is our one Podium Pathway Skater. Niko also attended the Combined competitions in the Pre-Juvenile Event.

c) Madison, Mio, Rebekah, Niko – participated in Star Skate Finals

d) Val, Carol attended Adult StarSkate Champs and Meg Attended Special O StarSkate Champs.

e) Coach assessments ongoing, Star 6 - Gold assessments, don't happen very much. Would be nice to have more notice of possible assessment days in Calgary, Airdrie, Springbank, Cochrane. Hard to find out where/when these are happening.

6) Section Awards nominees

Coaches prepared letters of support and filled out nominations for

a) Amelia K. – Canskate Athlete of the Year – won Calgary Region

b) Coaching Award nominee – Kendra Domenico - The recognition at our Club awards was very much appreciated, Thank you!

- c) Officials Award – Section and Skate Canada – Leslie Keen won Region, Section and National.

General Remarks - Collaborations going well amongst the coaching team and board of directors. Continual conversations with seasonal programming changes, ice time allocations and working with Banff. Always a lot of behind the scenes “housekeeping” to keep club operations and skater development running smoothly. Thanks to all who do their part to keep the club growing and thriving.

Kendra Domenico
CSC Coach Representative
2025/2026 Season